

# 7.2 Best Practices

7.2.1 Describe at least two institutional best practices (as per NAAC Format)

**Response:** 

# (1)Title of the Practice: No Vehicle Day

# Goal:

Now-a-days Pollution is observed and realized everywhere. It could sometimes be pollution in the air or in the water or some that we still have to discover. At home, when we spray perfumes to smell good, use pesticides, chemicals and herbicides we still contribute to the pollutants in the air. There are vehicles zooming and emitting smokes outside and those simple things we do in our day to day activities that we are unaware that much damage are contributed to our planet. Those are very simple things that are causing our world with so much pain. Thus it is the need of time to make the students aware about the environmental pollution.

# The Context:

It is observed that during the working hour of the college many students and most of the staff members use private vehicles like cars/bikes/scooters. Air pollution is a change in the physical, chemical and biological characteristics of air that causes adverse effects on humans and other organisms. The ultimate result is a significant alteration in the natural environment and/or ecosystem.

# **The Practice:**

The college has always been working on various modules to involve the students in different campaigns. As a part of this, the college observed a "No Vehicle Day" on every fourth Saturday of the month with objective to educate students about global warming. The college decided to observe "No Vehicle Day" once a month the fourth Saturday as the best practice at the college campus. The event included issuing circulars and notices informing all about climate change and opting for public transport instead of travelling on bikes and other vehicles. The college decided to continue this campaign on every forth Saturday in consecutive two months. The college started the campaign to inform the students how the developing countries are responsible for the increasing carbon emissions in the world and what measures should be taken to control it and save an environment.

The college witnessed waking and cycle riding by students and employees in the college campus. All the students and faculties used local public transportation for coming to the college. The basic objective was to create awareness among the students and public and also reduce the

traffic congestion and enable the students and employees of the college to play an active role in curbing the global warming. This practice helps create environment consciousness among students and spread the message in community.

#### **Evidence of Success:**

Our time is changing and time is running out to take thoughtful action. Now-a-day, people complain of air pollution, common traffic, collisions and delays while travelling. "No Vehicle Day" campaign improves safety and air quality physical activities and decreases noise pollution. Such programme encourages social well-being and helps to reduce environmental pollution. It is discovered that cycling or walking to work is a much more pleasant experience for students that results in a greater level of happiness and well-being as compared to driving or taking public transportation. Those who are travelling by foot or cycle experience significant benefits to their physical fitness. "No Vehicle" campaign helps reducing traffic congestion. The campaign also helps people reducing their expenses. The campaign is effective to reduce air pollution.

The objective of "No Vehicle Day" is to create a setting where people see the importance of doing without automobiles. If we want a greener and cleaner environment, campaigns such as "No Vehicle Day" could well be the first step forward in driving people to more lasting attitude changes in the right direction.

#### Problems Encountered and Resources Required:

In applying this best practice the institution faced a big hurdle at the very initial stage. Some students of the colleges did not agree to follow this practice. It is so because some of them used private vehicles and used to come college on time. As this best practice put into practice those students did not fully cooperate, such students parked their vehicle outside the campus. But with the passing of time they realise the importance of the concept of saving environment. Celebration of "No Vehicle Day" for once or twice a month cannot eliminate the pollution in the fullest sense. It cannot change the attitude of the people and develop a vehicle-less culture among the people. It is observed that for the youth, implementation of the practice of "No Vehicle Day" must not be a force on someone else.



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#### **Best Practice No.2**

#### Title of the Practice: Donation of Woolen Clothes & Warmers & Wall of Humanity:

# 1. Title: To reach the unreached destitute by offering Woolen clothes, Blankets and Warmers.

#### 2.Goal / Aims:

India is a country where even today, we find hundreds of homeless, shelterless destitute in wretched condition. Every year, it has been observed and reported that during the chilly winter season, many such poor and shelterless people shiver out of unbearable cold, suffer and even die. Seeing to this in humanistic plight, the college initiated a project to donate woolen blankets to such a needy people and children of the society and to reach to the unreached downtrodden class with warmth of empathy.

#### (3) The Context:

Generally, it is a common scenario that many shelterless, homeless and street dwellers suffer from severe cold waves during the winter season. Many weak, aged people and small children even die due to such adverse effect of the cold wave. In many of the surrounding villages of Thara, poor children and school going children stop attending the school due to lack of adequate warm clothing and apparels. Hence, the College speculated about a social service project of donating woolen clothes like Blankets for the slum and street dwellers and sweaters to the poor and the needy children of primary schools located in a very remote and distant villages surrounding Thara. To help such needy people our college decided to implement an idea of making 'Wall of Humanity' outside the college campus. In this scheme, anyone can leave old clothes or woolens near this wall of humanity and the needy collect them from there.

#### (4) Practice:

The College since last four years has sincerely and unfailingly initiated this campaign for the under privileged, destitute and the needy children to provide some warmth through donating woolen clothes to them. The college gets very good valuable support from the affluent citizens and NGO's of Thara town and surrounding area. The college raises financial support through various sources like philanthropists, donors, institutions and even good humane hearted individuals.

The College buys blankets, shawls and warmers as per the need for the homeless street dwellers, destitute and the poor children. The College believes in participative culture and hence, involves the students and the Management in this noble act of 'Giving' rather "Sharing" our concern for the wretched section of the society. The Members of the management, the Principal, teachers and students collectively venture into the town streets in the icy and chilling nights and indentify the destitute and donate them with shawls and blankets. Moreover, the same teams also visit the interior remote and socially and economically backward villages surrounding Thara and donate

as well as distribute woolen sweaters to the financially deprived people. This humble endeavor sprouts a feeling of belongingness and empathy towards the society. Thus, a tendency for human welfare activities is nurtured and inculcated among the students right from the initial formative years of their college life, which would ultimately enable them in the making of an ideal and humane citizen for this world.

# (5) Evidence of Success:

- We have received an overwhelming support from the locals and the authorities in arranging distribution facilities and making the wall of humanity.
- More than 200 homeless, shelterless, street dwellers and destitute have been benefitted by these programmes.
- The feed backs from the society regarding the commitment and zeal of the students endow, is really overwhelming.
- The repetitive support that we get in organizing such events itself is an evidence of the appropriateness of this practice.

# (6) Problems Encountered and Resources required:

- The major challenge that we face is organizing and arranging the programmes in the interior and remote villages surrounding Thara is locating the ideally needy and necessity stricken areas.
- Especially for distributing blankets and shawls for the destitute and homeless, the team has to strain itself in locating them from various parts of the city during chilly cold nights as these deprived people lie scattered all over the town in various areas.
- At times, we find short of financial resources but somehow, we make it possible find out large hearted donors for this highly noble and humane cause.

# (7) Notes:

- This initiative has been widely appreciated, accepted and gratefully acknowledged by the stake holders of the college and the society.
- Members from the various strata's of the society have highly regarded this humble and sincere gesture of sympathy in the right perspective.

As a human being, concern for the fellow human being and to develop humane sensitivity is the prime concern to be developed in this insensitive and materialistic world among the students right from their college days. Thus, humanity and humane values have to be generated, inculcated and concretized among the students right from their formative days of learning, which ultimately would develop as ingrained value in their adulthood.



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